

## *aesthetician services*

**Essential Facial:** soothing and hydrating for sensitive and mature skin.

**Refining Facial:** gently clarifying for oily and acne skin.

**Ultimate Facial:** replenishes and rejuvenates all skin types. A paraffin hand dip, plus arm and hand massage, promise a grand finale.

**Lavendera Manicure:** shaping, buffing and cuticle work beautify the nails; arm and hand exfoliation and massage further indulge. your choice of nail polish\* or natural buff.

**Lavendera Pedicure:** an enlivening foot soak softens and restores the feet. shaping, buffing, callus smoothing, exfoliation and cuticle work enhance the toenails. finish with a hot towel wrap, plus leg and foot massage. your choice of polish\* or natural buff.

\*all polishes are "3 FREE"--DBP, formaldehyde and toluene FREE.

**Waxing:** please call the spa for prices.

## *lavendera spa products*

**Health & Beauty Enhancers:** extend your spa experience and deepen your personal self-care rituals by taking home any of our quality lines of therapeutic health and beauty products.

## *lavendera innovations*

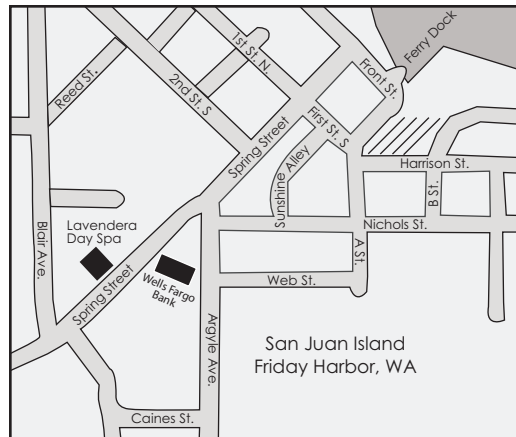
**"Wholistic" Health Coaching:** personalized program helps clients increase healthy habits for total well-being with special focus on self-care, simplification, restoration, meaningful relationships and activities, exercise and diet. Please call spa for pricing options.

## *lavendera's commitment*

Our commitment to the whole person includes the use of earth-friendly products and practices.

The ingredients and formulas for our skin care, bath, body and aromatherapy products are organic or of the purest, natural materials with no animal-derived ingredients or testing; they are ethically and sustainably created and many are produced closer to home so we can support local community.

We use non-toxic cleaning formulas and biodegradable cups; we recycle paper products and office materials. All these conscious "green" choices help us contribute to a healthier "whole" planet overall.



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body, mind, heart & spirit

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